

WE'RE TOO DISTRACTED

Words can be found in any direction (including diagonals) and can overlap each other. Use the word bank below.

Z Y V I E S O C U L G T E Y Y K I I N S
D I G I T A L R S N L H E Q D I M H V N
K K N Y M I N D S E T O W I C B Y V G O
M H T I R O G L A X W O W K D Q E R W R
Q H O R M O N E A T T E N T I O N A D U
D Q K F F H W W A S T E T E X T I N G E
D E T C A R T S I D K F Y D B M I K J N
U E V I T I N G O C S M T B W I X F L P
M P E E L S K E S N A G R O T M Y B W V
N U L J Z I R E S P O N D N Y F L U I D
D I N R E T T A P T Q E N I M A T S I H
O S A N A A G O S Y N T H E T I C E D E
L K H R L N S U G A R S M Y J Y T Y T S
H A X H B I N H I B I T S M Y A E S Q I
N I N O T A L E M C L A E L V S D H X C
M I S C R O L L I N G D A I S U C O F R
M U L T I T A S K Z I H T V D Y S B Q E
Q K S U X G D Y C A Q C Q Y V Y W C P X
P H O N E S E G Z C A G N I N I A R T E
Z T G E Y A D L H C R A T S K G U H G A

Word Bank

- | | | | |
|---------------|---------------|---------------|--------------|
| 1. synthetic | 2. distracted | 3. fluid | 4. attention |
| 5. melatonin | 6. media | 7. inhibit | 8. focus |
| 9. starch | 10. activate | 11. diet | 12. dyes |
| 13. organs | 14. pattern | 15. sugars | 16. texting |
| 17. phones | 18. histamine | 19. cognitive | 20. sleep |
| 21. respond | 22. glucose | 23. multitask | 24. neuron |
| 25. mindset | 26. waste | 27. exercise | 28. digital |
| 29. scrolling | 30. hormone | 31. algorithm | 32. training |
| 33. brain | | | |

